

Earn a bike in six weeks & learn to maintain it forever

What is Build-a-Bike?

Build-a-Bike is a 6-week course that gives a rewarding, hands-on introduction to bicycle maintenance.

On completion of the course, participants will have completely dismantled and built their own bike from scratch.

This bike is then theirs to keep, along with an AQA certificate and a portfolio record of their hard work.

Build-a-bike has been developed in collaboration with Julian House service users.

What's involved?

Sessions run once or twice a week depending on the location and are supervised by experienced bicycle mechanics.

One-to-one support is available to make sure that people get the most out of the course.

Course content

Week 1: Project induction and choosing a bike to work on.

Week 2: Dismantling the bike, learning about each part does as they go.

Week 3: Cleaning, repairing or replacing parts of the dismantled bike.

Week 4: Rebuilding; Part 1.

Week 5: Rebuilding; Part 2.

Week 6: Safety checks and final maintenance.

Employment and skills

Participants who are unemployed can access the employment and skills project, where they will be supported to use the skills they have learnt to access further training, work experience and employment.

Keep cycling!

Julian House Bike Workshop run drop in sessions where Build-a-Bike participants can book a place to maintain their bikes and practise their skills.

Course contact details

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